

# **Introduction for Interview**

Tips for Introduction:

## **Self-preservation Techniques for Nervous Speakers**

If putting together a self-introduction speech is sprung on you with very little warning use the few minutes you have before it is your turn to organize your thoughts.

### Ignore everyone else and Focus on Yourself

If you're inclined to be tongue-tied or awkward *don't listen to what others are saying before you*. I know that seems rude but the situation calls for self-preservation. If you listen, you'll get mesmerized by their speeches and unable to plan for yourself which will heighten your anxiety.

#### Make Some Notes

Grab a piece of paper the moment the round-robin introduction is announced and start jotting down ideas. Start with the basic information - your name, where you are from etc. and then add more from the list above. From those additional points select one to focus on. Make your comments personal as well as relevant to the group.

### Watch Timing

Generally the timing allowed for an introductory speech is about 02 minutes. Going over that is poor form. It eats into everybody's speaking time but more than that rambling on about yourself without point as far as the group is concerned is boring and egotistical.



Greetings of the day!

My in/at is T live name I am pursuing B.Tech/MBA/Diploma from Indus Institute of Technology & Management, Kanpur affiliated to Dr. A.P.J. Abdul Kalam Technical University, Lucknow. My branch of engineering is Mechanical/Computer Science/Civil. My aim of life is to become a good professional engineer and I want to work with a professional organisation. Now something about my achievements, I have won the District Level Debate in 2015, participated in different competitions at college level and won prizes as well. My hobbies are listening to music, watching movies and reading novels. My strength is being hard working and weakness is being emotional.

Now, something about my family, I have a family of four which includes my father, mother 1 brother and 1 sister. Thank you so very much. Is there any else that you would like to ask?